# FOLLOW-UP SCHEDULE

# Blood Lead Levels for Children Under the Age of Six

All diagnostic (i.e., confirmation) tests should be performed as soon as possible (ASAP), but at a minimum within specified time periods.

- Diagnostic tests should be venous; however, capillary tests are accepted if a venous cannot be obtained.
- Diagnostic specimens must be sent to an outside reference laboratory for analysis.
- Point of care (POC) blood lead analyzers (i.e., LeadCare) should NOT be used for diagnostic tests.
- Follow-up (post-diagnostic) testing can be capillary.
- CDC protocol for collecting capillary specimens should be followed (see first link below).

See <a href="https://nchealthyhomes.com/clinical-lead-resources/">https://nchealthyhomes.com/clinical-lead-resources/</a> for a list of clinical resources.

Users should contact <u>Children's Environmental Health</u> for further assistance.





Division of Public Health • https://publichealth.nc.gov NCDHHS is an equal opportunity employer and provider. • 3/2022 For each initial blood lead level range, follow the steps under the corresponding category. If diagnostic test result falls within a lower category, follow the steps within that category. If diagnostic or follow up test result falls within a higher category, conduct another diagnostic test.

#### INITIAL BLOOD LEAD LEVEL AND RESPONSE

\*Children's Developmental Service Agency \*\*Care Management for At-Risk Children

#### < 3.50 µg/dL

- · Report blood lead test results to parents and document notification
- Educate family about lead sources and prevention of lead exposure
  - Retest at age 2, earlier if risk of exposure increases.

#### 3.50 - 4.99 µg/dL Perform diagnostic test ASAP (but at the latest within 3 months)

If diagnostic test result is  $3.50 - 4.99 \,\mu g/dL$ , take same action as previous category AND

- · Provide clinical management
- · Conduct nutritional assessment and refer child to the WIC Program
- · Test other children under the age of six in same household
- Conduct follow-up testing every 3 months until 2 consecutive tests are < 3.50 μg/dL

#### 5.00 – 9.99 µg/dL Perform diagnostic test ASAP (but at the latest within 3 months)

If diagnostic test result is 5.00 - 9.99 μg/dL, take same action as previous category AND

- Complete Form 3651: Exposure History of Child with Elevated Blood Lead Level to identify possible lead sources and fax a copy to (919) 841-4015
- Refer case to local health department to offer an environmental investigation
- Conduct follow-up testing every 3 months until 2 consecutive tests are < 3.50 µg/dL</li>

### 10.00 - 44.99 μg/dL

Perform diagnostic test ASAP (but at the latest within 1 month at 10.00 – 19.99  $\mu$ g/dL and within 1 week at 20.00 – 44.99  $\mu$ g/dL)

If diagnostic test result is 10.00 - 44.99 μg/dL, take same action as previous category AND

- Refer to local health department for required environmental investigation
- Refer child to CDSA\* Early Intervention or CMARC\*\* as appropriate
- Refer to Social Services as needed for housing or additional assistance
- For 10.00 24.99 μg/dL: Conduct follow-up testing every 1-3 months until 2 consecutive tests are < 3.50 μg/dL
- For 25.00 44.99  $\mu g/dL$ : Conduct follow-up testing every 2 weeks to 1 month until 2 consecutive tests are < 3.50  $\mu g/dL$

## 45.00 - 69.99 μg/dL

Perform diagnostic test ASAP (but at the latest within 48 hours at 45.00 - 59.99  $\mu$ g/dL and within 24 hours at 60.00 - 69.99  $\mu$ g/dL)

If diagnostic test result is  $45.00 - 69.99 \,\mu g/dL$ , take same action as previous category AND

- Consult with North Carolina Poison Control (800) 222-1222 for advice on chelation and/or hospitalization
- Consider an abdominal X-ray check for ingested object
- Alert NC CLPPP by calling (919) 707-5854
- Conduct follow-up testing every 2 weeks to 1 month until 2 consecutive tests are < 3.50 μg/dL

#### ≥ 70.00 µg/dL

#### Perform emergency diagnostic test immediately

If diagnostic test result is  $\geq$  70.00  $\mu$ g/dL, take same action as previous category AND

- · Hospitalize child and begin medical treatment immediately
- Conduct follow-up testing every 2 weeks to 1 month until 2 consecutive tests are < 3.50 µg/dL