

Appendix E. Educational Materials

Lead Poisoning Prevention and Healthy Homes Outreach Materials

NORTH CAROLINA RESOURCES

Are You Pregnant? Protect Your Baby from Lead Poisoning

This low literacy brochure provides information on protecting pregnant women and their infant children from lead exposure. The brochure is available in English and Spanish.

https://nchealthyhomes.com/files/2017/07/Prevent-Lead-in-Pregnancy_July-2017_English_for-web.pdf

https://nchealthyhomes.com/files/2017/07/Prevent-Lead-in-Pregnancy_July-2017_Spanish_for-web.pdf

Cleaning Up Take-Home Lead Dust in your Home and Car

This low literacy fact sheet provides information and images that show effective ways for cleaning up lead-based paint dust. The fact sheet is available in English and Spanish.

https://nchealthyhomes.com/files/2018/07/Cleaning-up-lead_final_English_07202018.pdf

https://nchealthyhomes.com/files/2018/07/Cleaning-up-lead_final_Spanish_07202018.pdf

Healthy Homes and Lead Exposure (web page), UNC CEHS Community Outreach and Engagement Core

This web page was developed by the Community Outreach and Engagement Core in the UNC Center for Environmental Health and Susceptibility, showcasing its collaboration with Center researchers, as well as national and state health and housing agencies to develop educational materials that inform professionals and the public about hazards in homes.

<https://sph.unc.edu/cehs/outreach-and-engagement/healthy-homes/>

Keeping Lead at Work and Preventing Take-Home Lead Exposure

Lead dust can be carried home on a person's clothes, shoes, skin and hair after work or hobbies, and families, vehicles, and home interiors could be exposed. This low literacy fact sheet provides information and images that show effective ways for preventing that exposure while at work and when coming home after work.

https://nchealthyhomes.com/files/2018/07/keeping-lead-at-work_final_English_07202018.pdf

https://nchealthyhomes.com/files/2018/07/keeping-lead-at-work_final_Spanish_07192018.pdf

Lead in Spices, Herbal Remedies, Ceremonial Powders, and Cosmetics

This fact sheet highlights information on some imported products that may contain high levels of lead and ways to avoid exposure. It is available in English and Spanish.

https://nchealthyhomes.com/files/2018/07/Lead-in-Spices_NCDPH_FINAL2018-0730.pdf

https://nchealthyhomes.com/files/2018/08/Lead-in-Spices-Herbal-Remedies-Ceremonial-Powders-and-Cosmetics_Spanish.pdf

Lead Poisoning Can Be Prevented: Some Do's and Don'ts

This low literacy brochure provides information on sources of lead exposure and ways that families can protect their children from it. The brochure is available in English and Spanish.

https://nchealthyhomes.com/files/2017/07/Prevent-Lead-in-Children_July-2017_English_for-web.pdf

https://nchealthyhomes.com/files/2017/07/Prevent-Lead-in-Children_July-2017_Spanish_for-web.pdf

Lead Sources Library

This online library provides images and descriptions of spices, herbal remedies, cosmetics and ceremonial powders that may contain lead.

<https://nchealthyhomes.com/lead-sources/>

North Carolina Healthy Homes Website

Outreach, educational, and policy materials on lead, mold and other environmental exposures affecting human health are available on this site.

<http://nchealthyhomes.com/>

Prevent Lead Poisoning: A Training for Health and Housing Professionals (online)

This 55-minute online module provides information on the primary sources of lead exposure and poisoning, testing recommendations and prevention methods.

https://nciph.sph.unc.edu/tws/HEP_CEHS1/certificate.php

NATIONAL RESOURCES

Environmental Health Sciences Research: Asthma, Lead and Mold

The National Institute of Environmental Health Sciences (NIEHS) shares environmental health sciences research and educational materials on a number of topics related to healthy homes, including asthma, lead and mold.

<https://www.niehs.nih.gov/health/topics/index.cfm>

Help Yourself to a Healthy Home

This booklet was developed by the US Department of Housing and Urban Development and other agencies to provide information on specific action steps that residents can take to remove health hazards from their homes. This booklet is available in English and Spanish.

https://www.hud.gov/sites/documents/DOC_11880.PDF

Lead (web page)

The Centers for Disease Control and Prevention shares information on lead surveillance, policy and interventions, including educational strategies and materials to prevent lead poisoning among young children and pregnant women.

<https://www.cdc.gov/nceh/lead/default.htm>

Lead Poisoning Prevention Resources in Other States

Scan down this page to access lead poisoning prevention outreach materials developed in New York State, New York City, and Washington State Health Departments.

<http://nchealthyhomes.com/lead-poisoning/>

Learn about Healthy Housing

The National Center for Healthy Housing provides information on the healthy homes principles, healthy housing activities in each state, educational materials, and additional resources for residents and homeowners.

<https://nchh.org/information-and-evidence/learn-about-healthy-housing/>

Protect Your Family from Lead in Your Home

This pamphlet, developed by the Environmental Protection Agency (US EPA), pamphlet explains the dangers of lead in your home and how to protect your family from lead-based paint hazards. It is available in multiple languages.

<https://www.epa.gov/lead/protect-your-family-lead-your-home>

The Lead-Safe Certified Guide to Renovate Right

Federal law requires contractors that disturb painted surfaces in homes, child care facilities and schools built before 1978 to be certified and follow specific work practices to prevent lead contamination. This guide shares valuable information for residents and child care center operators who may hire contractors.

<https://nchealthyhomes.com/files/2016/11/renovaterightbrochure.pdf>

MATERIALS FOR YOUNG CHILDREN

Susie and Jerome Learn about a Healthy Home

The University of Connecticut and the Connecticut Department of Health partnered to develop an illustrated rhyming book that describes how a young girl and her family learn about the healthy homes principles and simple ways that children and adults can apply those principles in their homes. In addition to a print version of this book, the website contains an activity book, a teacher guide and an animated video of the book.

<http://www.hec.uconn.edu/programs.html>

Ethan's House Gets Healthier

This print version of a coloring book tells the story of a young boy named Ethan and how the local lead poisoning prevention team teaches him and his family about getting tested for lead and protecting themselves from lead exposure in their home.

https://www.cdc.gov/nceh/lead/coloring_book/coloring_book.pdf